### **Lisa's Blockade Training notes**

### **Agenda**

Deconstructing Blockades
Discussion of Preparation and Practice
Safety
Hands on Demonstration

#### What Does a Blockade Mean?

Form of direct action to interrupt business as usual Creating physical spectacle to draw attention Heightening crisis
Show depth of commitment and urgency Asking society to make a choice

### Where is the best place to do it? - brainstorm

Entry way, access points, corridors Choke points Intersections Point of production/destruction Inside buildings – doors, revolving doors,

#### When?

Decisions are pending
Spotlight on issues
Spotlight needs to be on issue
Moments of opportunity
Global day of action - anniversay
When opposition holds events - Shareholders
Political leaders meetings - press conferences
Media moments - when things are open
Blockade is a wild card and we don't play it unless we have to. Need to escalate, form of increased pressure

# Who? Is blockading?

People directly affected
People of passion, conscious
People with privilege
People who can – are able bodied.
Trained, people who are prepared, practiced with contingency plans

## Why?

It works!
Demonstrate power
Gives hope
Sends powerful message

### II. Preparation and Practice - need to be security minded

## **Action Security**

How do you operate with integrity to protect plan?

Defining

People will try to stop – level of conduct

Affinity Groups, consensus

Wobbly saying – CD is western world not illegal. 1st amendment right

Stick to story, never confess, never turn in a friend (build trust)

Agent of Repression – Ward Churchill

War at Home – Brian Glick

When an Agent knocks – CCR

Fear is their biggest weapon, Truth is ours. We have our rights.

#### **Harrassment and Intimidations How to deal**

- Pain compliance holds Support system and post action trauma work
- Pepper Spray
- Rubber Bullets
- Tear Gas
- Concussion Grenades

Pain Compliance – Place where nerves are close to bone or limbs in reverse direction. General – relax, breathe, short term pain Verbally respond – your're hurting me, stop. You don't have authority , not flight risk

#### **Demonstration Holds Deal**

Wrist Back, elbow forward, thumb in center lean gently back Finger Digits keep tucked, in pocket Under cheek bone on neck neck down, tighter jaw Eyeball Gouge Protective Glasses Neck Tuck and cover Hair

Pepper Spray – toxic solvent that attaches to skin. Goggles, bandanas and vinegar or lemon Gas Mask – can have scary, negative image, militants, dehumanizing – but can paint, decorate...and enables you to stay in the struggle!!!

Physical protection, relax, support, video

# **Action Safety**

How to minimize people getting hurt on blockades ( also have medic, media, and water)
Water and food – before and during
Relationship to Police
Dress Right
Have good gear – practice with it!!!
Support Team
Video documentation
Media – if desired

### Art of Blockading

Never lock down to: moving vehicle or equipment, loud, noisy, heavy machinery Objects that aren't fixed Never drugs or weapons Prepare for time – diapers, catheter Appropriate Tools – image we create

### **Body Blockades**

Body Blockade Techniques – what are we projecting? Can whatever stuff we use, communicate through the picture. A picture related to the issue we are organizing on. IE – oil barrels painted no blood for oil. Or locked boxes in school desks – fund education not war....

- 1. Forming line same clothing, sticker? open
- Hand in hand
- Link arms
- Lock wrists
  - 2. Sitting has more power, harder to move, less confrontational
- Back to Back
- Back to Front
- Line: open legs, saddle up, arms linked
- Legs linked
- Carpet
  - 3. Circles inward and outward
  - 4. Body knot knees up, arms up and cross, down and through leg to partners wrist
  - 5. Spiral Twist long line linked, front starts to turn into a circle. Line creates order and safety
  - 6. Swarming larges numbers of people quickly occupy space at strategic locations.

#### **Tech Blockades**

Create layers of defenses, prepare for theirs. Have strong support system. Tend to physical needs. Prepare for time.

- 1. U-Locks: use for neck, bikes, door handles
- Started with anitnuke and earth firster's, known as necktie
- Break through with diamond saw, Jaws of life. When cutting out...Talk to them about safety. Neck is fragile. Position into safe and sustainable position. Lock to doors, office furniture, equipment. Keep key on you and with a support person.
- Scouting Notes: measure, choose right tools for target.

 Practice, simulate, rehearse, Timing, speed can be crucial Positions
 Back to back joins.
 U-lock extender – extra lock in link.
 Human Octopus
 Axels, underneath cars, steering wheels, window frames, gates, doors,

2. Cables – kryptonite Cable Lock

Goal for wrapping around waist and object. Wrap – figure 8 with Two People Cobra Lengths – encased kryptonite cable

- 3. Lock Boxes: hit the seas in 1986 with Greenpeace.
- 3-4 inch steel pipe (schedule 40 thickness) (fits snuggly0 Pin welded through center 15 inch length of chain around wrist with nut and bolt 1 in 5/16 diameter w/ lock nut Spring clip with open gate, cheap carabineer work with thumbs Straight Boxes , Black Bears are angled. More range of motion. Cold glove pump fingers to keep circulations going
- 4. Concrete Barrels box inside, willed with concrete.
- 5. Tripods three poles 20-40 feet. Lashed together at one ends. Stand Up, climb and sit. Wrap Up jail, medical, action planning etc dealt with in other trainings or need to put a few basics in here!!